

Terms & Conditions

Cristina Clark Wellness LLC • <https://mycarnivore.lifestyle>
Effective Date: June 7, 2026

These Terms and Conditions ("Terms") govern your access to and use of the website located at <https://mycarnivore.lifestyle> (the "Website") and the coaching programs, content, community memberships, free resources, podcast, and related services (collectively, the "Services") offered by Cristina Clark Wellness LLC ("Company," "we," "us," or "our"). By accessing the Website, submitting an application, joining our email list, or purchasing any program, you agree to be bound by these Terms. If you do not agree, please do not use the Website or Services.

1. Eligibility

The Services are intended for adults. You must be at least 18 years of age to use the Website, purchase a program, or join our email list. By using the Services, you represent that you are at least 18 years old and have the legal capacity to enter into these Terms.

2. Nature of the Services – Coaching, Not Medical Care

The Company provides lifestyle, health, and wellness coaching, education, and community support, including group coaching programs (such as The Sisterhood and The Sisterhood+), higher-touch coaching programs (such as Inner Circle), and private coaching programs (such as Reclaimed).

Cristina Clark is a coach, not a physician, dietitian, nurse, therapist, or other licensed healthcare provider. Nothing provided through the Website or Services constitutes medical advice, diagnosis, or treatment, and no doctor-patient or other healthcare provider relationship is created. Always consult your healthcare provider before making changes to your diet, exercise routine, supplements, medications, or lifestyle. See our separate Disclaimer for additional important information.

3. Program Enrollment and Applications

Submitting an application through the Website does not guarantee acceptance into any program. We reserve the right to accept or decline any application at our sole discretion, and to determine whether a particular program is a suitable fit. Program features, schedules, pricing, and availability are subject to change.

4. Fees, Billing, and Subscriptions

- Monthly membership programs are billed on a recurring monthly basis at the rate stated at the time of enrollment, until cancelled.
- Fixed-term programs (for example, a 90-day private coaching program) are billed as stated at the time of enrollment, either in full or according to an agreed payment plan.
- Promotional or “special” pricing applies only for the period stated and may end or change at any time for new enrollments.

- You authorize us (and our third-party payment processor) to charge your payment method for all fees you have agreed to. You are responsible for keeping your payment information current. If a payment fails, we may suspend or terminate your access until payment is made.

If you enroll in a payment plan, you remain responsible for the full program fee even if you stop participating.

5. Refunds and Cancellation

All sales are final. Due to the nature of coaching services and immediate access to program materials and community, no refunds, credits, or chargebacks will be issued for any payments made, in whole or in part, except where required by applicable law.

You may cancel a monthly membership at any time by emailing carnivorelifestyle.hub@outlook.com. Cancellation stops future billing; it does not entitle you to a refund of amounts already paid. To avoid being charged for the next billing cycle, cancellation requests must be received before your next billing date. Access to membership benefits continues through the end of the period already paid.

6. Your Responsibilities

You agree that you are voluntarily participating in the Services and that you are solely responsible for your decisions, actions, and results. Coaching outcomes depend on many factors, including your individual circumstances, health status, and level of participation. We make no guarantees of any specific result, including weight loss, symptom improvement, or other health outcomes.

You agree to provide accurate information, to participate respectfully in any group or community setting, and to consult your healthcare provider regarding any condition that may affect your participation.

7. Community Guidelines and Confidentiality

Our group programs include private, women-focused communities. You agree to treat other members with respect and to keep personal information shared by other members within the community confidential. You may not record, screenshot, or share other members' personal stories, health information, or contact information without their consent. We may remove any member who violates these guidelines, without refund.

8. Intellectual Property

All content on the Website and in the Services – including text, graphics, logos, photos, videos, guides (including the 7-Day Carnivore Kickstarter Guide), recipes, meal plans, coaching materials, podcast episodes, and program curricula – is owned by or licensed to the Company and is protected by copyright and other intellectual property laws.

You are granted a limited, personal, non-transferable, revocable license to access and use the content for your own personal, non-commercial use. You may not copy, reproduce, resell, distribute, publish, create derivative works from, or otherwise exploit any content without our prior written

permission.

9. Testimonials

Testimonials on the Website reflect the real experiences of individual clients. They are not promises or guarantees of results. Individual results vary.

10. Third-Party Links and Services

The Website may contain links to third-party websites, podcast platforms, and social media (such as Instagram, Facebook, YouTube, and Apple Podcasts). We do not control and are not responsible for the content, policies, or practices of any third party. Your use of third-party services is at your own risk and subject to their terms.

11. Prohibited Conduct

You agree not to: use the Website or Services for any unlawful purpose; attempt to gain unauthorized access to any systems or accounts; harass, abuse, or harm other members; share your program access with others; scrape or harvest data from the Website; or interfere with the operation of the Website or Services.

12. Termination

We may suspend or terminate your access to the Website or any program at any time if you violate these Terms, community guidelines, or engage in conduct we reasonably consider harmful to the Company or other members. Except where prohibited by law, no refund will be issued upon termination for cause. You may stop using the Services at any time, subject to the billing and cancellation provisions above.

13. Disclaimer of Warranties

THE WEBSITE AND SERVICES ARE PROVIDED ON AN "AS IS" AND "AS AVAILABLE" BASIS WITHOUT WARRANTIES OF ANY KIND, EXPRESS OR IMPLIED, INCLUDING WARRANTIES OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE, AND NON-INFRINGEMENT. WE DO NOT WARRANT THAT THE WEBSITE WILL BE UNINTERRUPTED, ERROR-FREE, OR SECURE, OR THAT ANY PARTICULAR RESULT WILL BE ACHIEVED THROUGH THE SERVICES.

14. Limitation of Liability

TO THE FULLEST EXTENT PERMITTED BY LAW, THE COMPANY AND ITS OWNERS, EMPLOYEES, AND CONTRACTORS SHALL NOT BE LIABLE FOR ANY INDIRECT, INCIDENTAL, SPECIAL, CONSEQUENTIAL, OR PUNITIVE DAMAGES, OR FOR ANY LOSS OF PROFITS, DATA, OR GOODWILL, ARISING OUT OF OR RELATING TO YOUR USE OF THE WEBSITE OR SERVICES. IN NO EVENT SHALL OUR TOTAL LIABILITY EXCEED THE AMOUNT YOU PAID TO US IN THE TWELVE (12) MONTHS PRECEDING THE EVENT GIVING RISE TO THE CLAIM.

Some jurisdictions do not allow certain limitations of liability, so some of the above limitations may not apply to you.

15. Assumption of Risk and Indemnification

You acknowledge that changes to diet and exercise carry inherent risks and that you assume full responsibility for any risks associated with your participation. You agree to indemnify and hold harmless the Company from any claims, damages, losses, or expenses (including reasonable attorneys' fees) arising out of your use of the Services, your violation of these Terms, or your violation of any rights of another person.

16. Governing Law and Dispute Resolution

These Terms are governed by the laws of the Commonwealth of Virginia, without regard to its conflict-of-law principles. The parties agree to first attempt in good faith to resolve any dispute informally by contacting the other party. Any dispute that cannot be resolved informally shall be brought exclusively in the state or federal courts located in the Commonwealth of Virginia, and you consent to the personal jurisdiction of those courts. To the extent permitted by law, each party waives any right to a jury trial and agrees that claims may be brought only on an individual basis and not as part of a class action.

17. Changes to These Terms

We may update these Terms from time to time. The updated version will be posted on the Website with a revised effective date. Your continued use of the Website or Services after changes are posted constitutes acceptance of the updated Terms.

18. Miscellaneous

If any provision of these Terms is found unenforceable, the remaining provisions remain in full force. Our failure to enforce any provision is not a waiver. These Terms, together with the Privacy Policy and Disclaimer, constitute the entire agreement between you and the Company regarding the Website, unless you have signed a separate written coaching agreement, in which case that agreement controls with respect to its subject matter.

19. Contact

Questions about these Terms may be sent to: carnivorelifestyle.hub@outlook.com.