

Privacy Policy

Cristina Clark Wellness LLC • <https://mycarnivore.lifestyle>
Effective Date: June 7, 2026

This Privacy Policy describes how Cristina Clark Wellness LLC ("Company," "we," "us," or "our") collects, uses, and shares personal information when you visit <https://mycarnivore.lifestyle> (the "Website"), join our email list, download free resources, submit a coaching application, or participate in our programs.

1. Information We Collect

Information you provide directly:

- Contact details – first and last name, email address, and phone number (for example, when you submit a coaching application or join the Insider email list).
- Application details – the program you are interested in, information about yourself and your goals, and how you heard about us.
- Health and wellness information you choose to share – if you describe symptoms, health history, or goals in an application, coaching session, or community, you provide that information voluntarily.
- Payment information – payments are processed by third-party payment processors; we do not store full payment card numbers on our systems.
- Communications – emails, messages, and other correspondence you send us.

Information collected automatically:

- Usage data such as IP address, browser type, device information, pages viewed, and referring URLs, collected through cookies and similar technologies (see Section 5).

2. How We Use Your Information

- To respond to applications and inquiries and to determine program fit;
- To provide and administer coaching programs, communities, and resources;
- To send the free guide, newsletters, program updates, and marketing emails you have requested (you can unsubscribe at any time);
- To process payments and manage subscriptions;
- To improve the Website, programs, and content;
- To comply with legal obligations and enforce our Terms and agreements.

3. How We Share Information

We do not sell your personal information. We share it only with:

- Service providers who help us operate the business – such as website hosting, email marketing platforms, scheduling tools, community platforms, and payment processors – and who may use it only to provide services to us;
- Professional advisors (such as accountants or attorneys) where reasonably necessary;
- Authorities or other parties when required by law, or to protect the rights, safety, or property of the Company, our clients, or others;
- A successor entity in connection with a merger, sale, or transfer of all or part of the business.

4. Email Marketing

If you join our email list or download a free resource, we may send you periodic emails with content, recipes, resources, and offers. Every marketing email includes an unsubscribe link. Unsubscribing from marketing does not stop transactional emails related to a program you are enrolled in.

5. Cookies and Analytics

The Website may use cookies and similar technologies to remember preferences and understand how visitors use the site, including third-party analytics services. You can control cookies through your browser settings; disabling cookies may affect some features of the Website. Social media features (such as embedded links to Instagram, Facebook, and YouTube) may collect information about your visit and are governed by the privacy policies of those platforms.

6. How Long We Keep Information

We retain personal information for as long as needed to provide the Services, comply with legal and tax obligations, resolve disputes, and enforce agreements. Email list information is retained until you unsubscribe or ask us to delete it.

7. Security

We use reasonable administrative, technical, and organizational measures to protect personal information. However, no method of transmission or storage is completely secure, and we cannot guarantee absolute security.

8. Your Privacy Rights

Depending on where you live, you may have rights regarding your personal information, including the right to access, correct, delete, or obtain a copy of it, and the right to opt out of certain processing.

Virginia residents: under the Virginia Consumer Data Protection Act (VCDPA), you may have the right to confirm whether we process your personal data, to access, correct, or delete it, to obtain a portable copy, and to opt out of targeted advertising, sale, or certain profiling. We do not sell personal data. If we decline to act on a request, you may appeal by replying to our response.

Residents of other states or countries may have similar rights under applicable law (for example, the CCPA for California residents or the GDPR for individuals in the European Economic Area or United Kingdom).

To exercise any of these rights, email us at carnivorelifestyle.hub@outlook.com. We may need to verify your identity before responding.

9. Children's Privacy

The Website and Services are intended for adults and are not directed to anyone under 18. We do not knowingly collect personal information from children. If you believe a child has provided us personal information, please contact us and we will delete it.

10. Third-Party Links

The Website links to third-party sites and platforms (including podcast and social media platforms). This Privacy Policy does not apply to those third parties, and we are not responsible for their privacy practices.

11. Changes to This Policy

We may update this Privacy Policy from time to time. The updated version will be posted on the Website with a revised effective date. Material changes may also be communicated by email where appropriate.

12. Contact Us

For questions about this Privacy Policy or your personal information, contact: Cristina Clark Wellness LLC, carnivorelifestyle.hub@outlook.com.